



**Dear Y.A.L.E. Parents and Guardians,**

Please be aware of recently released guidelines that now determine quarantine timeframes and related actions. The information was issued by the State Department of Health and is summarized below. We remind parents and all members of the Y.A.L.E. community that guidelines adjust to current health conditions. As of now, these updates are important to note and follow:

**Quarantine Timeframes: (including for those who travel)**

1. A 14-day quarantine is preferred for all individuals and groups where feasible.
2. Acceptable Alternative Quarantine Timeframes (when COVID-19 transmission risk is Moderate or Low):
  - a. After Day 10 without testing **and** if no symptoms have been reported during daily monitoring.

OR

- b. After Day 7 if the individual tests negative with a viral test (molecular-PCR or antigen) between day 5-7 and if no symptoms were reported during daily monitoring.

*Note: The specimen must be collected between day 5-7 (not earlier than day 5), but quarantine cannot be discontinued earlier than after Day 7. The person should remain in quarantine until the results are received and are negative. If test results are delayed, quarantine should be continued until after Day 10.*

**Persons not needing to quarantine (this does not include those who travel):**

- Individuals with COVID-19 positive (viral test) within 3 months: Persons who tested positive for COVID-19 (viral test), clinically recovered from COVID-19 and then have close contact with someone with COVID-19 within 3 months does not need to be quarantined or retested. However, persons who have close contact with someone with COVID-19 more than 3 months after the initial infection should quarantine.
- Fully Vaccinated Persons within 3 months: Vaccinated persons should continue to follow current guidance to protect themselves and others, including wearing a mask, staying at least 6 feet away from others, avoiding crowds, avoiding poorly ventilated spaces, covering coughs and sneezes, washing hands often, following CDC travel guidance, and following any applicable workplace or school guidance, including guidance related to personal protective equipment use and SARS-CoV-2 testing. However, fully vaccinated persons who have close contact with

someone with COVID-19 do NOT need to quarantine if they meet all of the following three criteria:

1. Are fully vaccinated (i.e.,  $\geq 2$  weeks following receipt of the second dose in a 2-dose series, or  $\geq 2$  weeks following receipt of one dose of a single-dose vaccine), AND
2. Are within 3 months following receipt of the last dose in the series, AND
3. Have remained asymptomatic since the current COVID-19 exposure

#### **Persons needing to quarantine**

- Persons who do not meet all 3 of the above criteria should continue to follow current quarantine guidance after exposure to someone with suspected or confirmed COVID-19. Fully vaccinated persons who do not quarantine should still watch for symptoms of COVID-19 for 14 days following an exposure. If they experience symptoms, they should be clinically evaluated for COVID-19, including SARS-CoV-2 testing, if indicated.

#### **Additional Considerations - Shortened Quarantine Special Instructions**

1. Quarantine will be shortened only if you remain asymptomatic throughout the shortened quarantine period; only if you continue to monitor for symptoms through Day 14; and you must receive educational review and counsel to follow COVID-19 prevention mitigation strategies (e.g., social distancing, mask use, hand hygiene, cleaning and disinfection and avoiding crowds) through Day 14 and you must be able to comply with wearing a face mask.
2. Any staff or student who develops symptoms of COVID-19 during shortened quarantine will immediately isolate and notify the local health department and their health care provider to report a change in the health status
3. If the CALI Matrix is reported in the state of New Jersey as high, the 14 Day quarantine will resume.

Thank you for continued cooperation and support.

Sincerely,

The Y.A.L.E. Administrative Team